

Teas for Making Iced

Black Teas

Decaf Mango
Decaf Peach
Lemon Soleil

Green Teas

Cocomint Green
Citron Green
Raspberry Green
Mango Green
Lemon Meringue
Casablanca Twist

Oolong Teas

Peach Oolong
Grapefruit Oolong

White Teas

White Pear
White Spring Delight
White Blueberry
White Southern Delight

Herbal Teas

Spearmint
Fruit Medley
Blood Orange
Berry Blast
Pina Colada
Wild Strawberry
Berry Blues
Watermelon Cooler
Turmeric Bliss
Sunset Symphony
Peppermint
Berry Crème Compote
Pomegranate Grove
Peach Serenity
Mango Maté

Rooibos & Honeybush

Green Rooibos Key West
Green Rooibos Bonita
Rooibos Lemon Cloud
Green Rooibos Blueberry

Iced Tea Brewing Instructions:

Cold Brew: Place loose leaf tea in tea bag and drop into water. Refrigerate 12-18 hours.

Hot Brew: Steep as hot tea and refrigerate until chilled.

Over Ice: Make a concentrate by steeping in 1/2 the recommended hot water and pour over ice. Serve immediately.



760 N Main Street • Bluffton, IN 46714
Phone: (260) 824-1600 / (800) 292-1392
Email: info@aharvestofhealth.com
www.aharvestofhealth.com